

PHARMACOTHERAPY CONTINUING ED

SUNDAY APRIL 29, 2012
FOLLOWING THE SATURDAY
ANNUAL GENERAL MEETINGS

Join us on Sunday, April 29 (the day after the BCNA/CNPBC AGMs) for the BCNA's first annual pharmacotherapy continuing education event. We have six speakers lined up on topics concerning depression, post-partum issues, women's medicine, hypotension, statins, adrenal fatigue and vitamin K.

The lectures are designed to be succinct, encompassing a review of the diagnostic criteria for specific conditions, a review of differential diagnoses and/or typical co-morbid conditions; a brief outline any lab diagnoses required to confirm diagnosis and/or rule out others; treatment strategies including an outline of side effects, toxicities and contraindications of any potential therapeutic options.

The speakers:

Shaila Misri, MD, FRCPC, is one of the leading reproductive psychiatrists in North America and is internationally recognized as a pioneer in women's mental health and reproductive issues. She is the founder of the Reproductive Mental Health Program at both St. Paul's Hospital and BC Women's Hospital & Health Centre in Vancouver, is currently their Director of Education and Research, and is a Clinical Professor of Psychiatry and Obstetrics and Gynecology at the University of British Columbia.

Dr. **Unjali Malhotra** is a Family Physician with extensive training and expertise in Women's Health. She graduated from Family Medicine in Winnipeg, Manitoba, and went on to create and complete the Women's Health fellowship program at the University of Manitoba, focusing on contraception, gynaecologic oncology, and general gynaecology. She went on to work at the Bay Centre for Birth Control at the Women's College Hospital in Toronto and assisted in the creation and improvement of women's clinics throughout Ontario. She moved to Vancouver in 2008 and is the Medical Director of OPT British Columbia (formerly Planned Parenthood). She is affiliated with BC Women's Hospital, and is a Clinical Associate Professor at UBC. She is the creator and supervisor of a Women's Health training program for family practice residents at UBC and a provincial HPV program. Her practice focuses on well-woman care including Pap smears, contraception (including IUD insertion), abnormal bleeding (including endometrial biopsy), HPV-related issues, vulvar disorders, menopause/peri-menopause, and a variety of other primary health care concerns for women.

James Wright, MD, PhD CRCP(C) is a Professor in the Departments of Anesthesiology, Pharmacology & Therapeutics and Medicine at the University of BC. He obtained his MD from the University of Alberta in 1968, his FRCP(C) in Internal Medicine in 1975 and his PhD in Pharmacology from McGill University in 1976. He is a practicing specialist in Internal Medicine and Clinical Pharmacology. He is also Managing Director of the Therapeutics Initiative, Editor-in-Chief of the Therapeutics Letter and Coordinating Editor of the Cochrane Hypertension Review Group. He sits on the Editorial Boards of the following journals: Open Medicine, PLoS One and the Cochrane Library. Dr. Wright's research focuses on issues related to appropriate use of prescription drugs, Clinical Pharmacology, clinical trials, systematic review, meta-analysis and knowledge translation.

Aaron M Tejani, BSc(Pharm), PharmD, ACPR completed his BSc in pharmaceutical sciences at the University of British Columbia and his Doctor of Pharmacy degree from Creighton University (Omaha, Nebraska). Aaron's interests include critical appraisal of the biomedical literature, knowledge translation activities and research, and conducting systematic reviews and meta-analyses of health care interventions. He is also involved in teaching critical appraisal skills to undergraduate and graduate students, as well as health care professionals. He is currently: a member of the Fraser Health Research Ethics Board and the British Columbia Medical Association's Guidelines and Protocols Advisory Committee, an editor for the Cochrane Hypertension Review Group, a peer reviewer for several biomedical journals, a clinical assistant professor for the Faculty of Pharmaceutical Sciences (UBC), and a member of the Therapeutics Initiative (Drug Assessment Working Group, Education Working Group, Scientific Information and Education Committee).

Christoph Kind, ND received his BSc in biochemistry and microbiology from the University of Victoria in 1982 and his ND from NCNM in Portland, Oregon in 1986. He received further training in homeopathic medicine from the New England School of Homeopathy as well as certification with the German Medical Society for Ozone Therapy and certification with the following speciality boards: American Board of Oxidative Medicine, International Society for Chelation Therapists, American Board of Chelation Therapy, and the BC Board of Chelation and Oxidative Medicine. At his clinic in Courtenay, BC Dr. Kind has a very eclectic focus including nutritional and botanical medicine, homeopathy, physical therapy, neural therapy, prolotherapy and a wide range of intravenous applications from chelation techniques to immune augmentation.

Bojana Djokic BScPhm, was born in Serbia and is a graduate of the Faculty of Pharmacy, University of Belgrade. She immigrated to Canada in 1990; in 1992, she became registered with the Ontario College of Pharmacists. Bojana currently manages York Downs Chemists compounding pharmacy in Toronto. Her main interests lie in compounding, environmental toxicology and the integration of natural medicine with the mainstream. Bojana was a founding member of the Ontario Association of Compounding Pharmacists, and consults in this area.

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Lectures AM:

- A Practical Approach to Depression
- Postpartum Mood Issues: Pearls for the clinician
- Contraceptive Challenge: How to pick the best agent for your patient
- Osteoporosis and Menopause: What are the issues?

Lectures PM:

- Is Use of Statins for Primary Prevention Rational?
- Seeking the Precipitous Drop: The truth about blood pressure targets for hypertensive patients
- Treating Adrenal Fatigue
- Vitamin K: Which type for which condition?

The AGMs are being held in downtown Vancouver at the BCIT Downtown Campus, 555 Seymour Street, which is between Dunsmuir and Pender, in the second floor conference room.

Parking: BCIT underground parking, accessible on Seymour northbound, has reasonable day rates on the weekend. The next closest lot is also on the west side of Seymour, just north of Pender Street.

Skytrain: Closest stop is Granville underneath the Bay, on the Expo/Millennium line. The closest Canada Line stop is Vancouver City Centre at Granville and Georgia.

Registration:

BCNA Members: *Simply call or e-mail the office and we will do the rest for you.* Alternatively, mail or fax us this form:

Early registration (before March 30, 2012) *BCNA members only*: \$149 (+\$17.88 HST)

Early registration (before March 30, 2012): \$199 (+\$23.88 HST)

Registration (on or after March 31, 2012) *BCNA members only*: \$199 (+\$23.88 HST)

Registration (on or after March 31, 2012): \$249 (+\$29.88 HST)

Mail cheque, payable to BCNA, to 2238 Pine St, Vancouver, BC, V6J 5G4. Or fax or e-mail the information below to 604 736 6048.

Name _____

Address (if not a BCNA member) _____

Visa or MasterCard number and Expiry Date _____

Signature _____